

**BICTON ELECTORATE — MENTAL HEALTH WEEK**

*Statement by Member for Bicton*

**MRS L.M. O'MALLEY (Bicton)** [12.52 pm]: Approximately 4.7 million Australians play sport. If each of those people spoke to six other people about mental health, we would cover the entire population of this country. To mark Western Australia Mental Health Week 2019, I hosted an event titled Kicking Goals for WA Mental Health Week at the East Fremantle Football Club. The event was attended by players, coaches and members of local sporting clubs and community groups, including East Freo Football Club, East Freo Women's Football Club, Palmyra Junior Football Club, Melville Junior Football Club, Fremantle Netball Association, East Freo Sharks Netball, Kardinya Junior Football Club, North Fremantle Amateur Football Club, Attadale's Fabric, Bicton Men's Shed and Attadale Rotary Club.

The event focused on the critical role community sports clubs play in achieving positive mental health outcomes. Designed to help local sports clubs address team mental health, the event featured a screening of *Collingwood: From the Inside Out* by filmmakers Marcus Cobbledick and Josh Cable. The powerful documentary charts the club's cultural transformation through an increased emphasis on player mental health. On the night I was joined by special guest speakers Claire Eardley, director and founder of the Kai Eardley Foundation; Jodie Maguire, performance psychologist and director of Think! Performance Psychology; and Jake Edwards former AFL player and founder of player welfare organisation Outside the Locker Room. I would like to thank Claire, Jodie and Jake for sharing their insights and personal stories and acknowledge them for the vital work they do in and for mental health. Thank you to everyone who attended. I am proud to be part of a state government committed to improving mental health outcomes in my electorate of Bicton and throughout WA.